

## Emergency and Consultation Contacts for Parent/ Carer/ Student Support

### Telephone 000 for emergencies

Emergency and consultation contacts for parent/guardian/student support	Contact numbers
CAMHS Emergency Telehealth Service (Under 18 yrs, 8am to 2.30am, 7 days)	1800 048 636
CPFS Crisis Care (24 hrs)	9223 1111
E headspace (12-25 years, 7 DAYS, 9am to 1am AEST)	1800 650 890
Family Counselling and information services (24 hrs)	1800 643 000
QLife (3pm until midnight) – peer support and referral service for LGBTIQ+ people and their loved ones	1800 184 527
Kids Helpline (5-25 years, 24 hrs)	1800 551 800
Kids Helpline for Parents	1800 654 432
Parenting Line	9368 9368
Lifeline (all ages, 24 hrs)	13 11 14
Youthbeyondblue (12 – 25 yrs)	1300 224 636
Mental Health Emergency Response Line (MHERL Metropolitan)	1300 555 788
Mental Health Emergency Response Line (MHERL Peel)	1800 676 822
Suicide Callback Service (all ages affected by suicide, 24 hrs)	1300 659 467
Youthline Samaritans	9388 2500
The Samaritans Crisis Line (main line)	9381 5555
Rockingham Hospital	9599 4000
Peel Health Campus	9531 8000
CAMHS Rockingham	9528 0555
CAMHS Peel	6559 5100
Headspace	6595 8888 (Rockingham) 9544 5900 (Mandurah)
Poisons Information Service	13 11 26
Alcohol and Drug Information Service	9442 5000
Youth Focus – free, face-to-face and web-based professional counselling service for young people aged 12 to 25 who may be experiencing suicidal thoughts, depression, anxiety and self-harm. Can connect with clients remotely to ensure they continue to receive care e.g. during COVID-19	6266 4333
<b>Websites</b>	
<a href="http://www.headspace.org.au">www.headspace.org.au</a> , <a href="http://www.reachout.com.au">www.reachout.com.au</a> , <a href="http://www.sane.org">www.sane.org</a> , <a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a> , <a href="https://everymind.org.au/">https://everymind.org.au/</a> , <a href="https://www.blackdoginstitute.org.au/">https://www.blackdoginstitute.org.au/</a>	

- Under 16 years old, present to Perth Children’s Hospital emergency department, 24 hours.
- Between 16 years old and 24 years old, present to Fiona Stanley Hospital emergency department, 24 hours.
- Over 18 years old present to any local hospital emergency department, 24 hours