



TAKE A STAND TOGETHER

Anti-Bullying Policy



Explore. Dream. Discover.

ANTI-BULLYING POLICY

Our mission is to provide an environment where staff are consistent in their approach to behaviour, and where all students understand what is expected of them.

Coodanup College is committed to fostering a positive learning environment where students and staff feel safe and individual differences are respected. Coodanup College has a responsibility to provide a learning environment that promotes dignity and safety of students, as well as reduce all forms of bullying, harassment and aggression.

Our expectation is that students manage conflict responsibly, are kind, considerate and appreciative of others, and report bullying to staff.

Coodanup College does not tolerate bullying, violence, discrimination or harassment. Everyone at Coodanup College has a responsibility to help prevent these behaviours from occurring.

Research, both in Australia and overseas, supports the following strategies to prevent and reduce bullying at Coodanup College:

- A whole-school approach that utilises a multi-faceted approach to bullying prevention
- An increased awareness of bullying in our College community through:
 - * Bullying prevention sessions with students during transition
 - * Year group and whole school assemblies
 - * Use of the Wave of Bullying resource in educational sessions and during individual incidents.
- A whole-school detailed policy that addresses bullying
- Effective classroom management, classroom rules and a positive College environment that promotes safety, as outlined in the Positive Behaviour Support section of the College website
- Effective methods of behaviour management that are non-hostile and non-punitive, including use of Restorative Justice Practices.

WHAT IS BULLYING?

Bullying is “repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm”. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying, however these conflicts still need to be addressed and resolved.

Behaviours that do not constitute bullying include:

- Mutual arguments and disagreements (where there is no power imbalance)
- Not liking someone or a single act of social rejection
- One-off acts of meanness or spite
- Isolated incidents of aggression, intimidation or violence.

ROLES STUDENTS MAY PLAY IN BULLYING

Students may take on different roles in different circumstances. The range of roles students take in bullying may be:

- As the target of bullying
- The student engaging in bullying behaviour
- As a bystander – someone who sees or knows about someone being bullied.

Bystanders can play a number of roles:

- Students who assist the students who are bullying and actively joining in
- Students who encourage and give silent approval to the students who are bullying
- Students who watch the bullying (or hear about it) but are passive and do nothing

- Students who defend or support the student who is being bullied by intervening, getting teacher support or comforting them
- Bystanders play an important role in bullying. The ‘Coodanup College Way’ is for bystanders to get teacher support and look after young people impacted by bullying.

HOW DOES COODANUP COLLEGE DISCOURAGE BULLYING?

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WHAT TO DO IF YOU ARE BEING BULLIED OR KNOW BULLYING IS TAKING PLACE

As soon as possible, get teacher support so they can help address the problem. Remember, it is always okay to talk about bullying. The Year Coordinator and Student Services Team are able to support with bullying situations and help students deal with bullying and harassment.

- Talk to someone at home about what is happening
- Make a commitment to treating everyone with respect and dignity
- If you are a bystander in a bullying situation, offer support to the person who is being bullied and encourage them to seek help
- If the bullying is occurring online or via text messages, ensure records of the bullying are kept and talk to a teacher or guardian immediately
- If students do not feel comfortable speaking to parents, staff or peers, the Kids Helpline can be contacted on 1800 55 1800 to provide further support and guidance.

kidshelpline.com.au
1800 55 1800



TAKE A STAND TOGETHER

the wave of BULLYING

Emerging	Escalating	Harassing	Extreme
BULLYING BEHAVIOURS <ul style="list-style-type: none">• Eye rolling• Glaring “dirty looks”• Purposely excluding others• Gestures	<ul style="list-style-type: none">• Gossiping• Spreading rumours• Teasing and name calling• Hacking someone’s social media• Sending mean texts or DM’s	<ul style="list-style-type: none">• Intimidation• Being mean or rude• Chipping or shaping up• Publicly embarrassing someone• Filming someone without permission	<ul style="list-style-type: none">• Threats• Damaging or stealing others property• Stalking or following someone• Violence or mobbing

BULLYING BEHAVIOURS

"Twenty years from now you will be more disappointed
by the things that you didn't do than by the ones
you did do. So throw off the bowlines.
Sail away from the safe harbour.
Catch the trade winds in your sails.

Explore. Dream. Discover."

Mark Twain



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